

## **INSTRUCTIONS FOR CATARACT SURGERY**

The pre-operative visit will involve a review of paperwork, scheduling of appointments and surgery-related instructions. Measurements will be taken for your lens implant if not already taken at your previous eye exam.

A medical history form will be faxed by our office to your family doctor. This will need to be completed and returned to our office for review prior to your surgery.

With modern cataract surgery techniques, altering medications prior to your surgery is usually not necessary. (Example: patients who use blood thinners, anti-clotting medications, anti-inflammatories, etc should not need to discontinue these unless directed to do so by Dr. Visco or Dr. Benz.)

At your pre-op visit, you will receive instructions regarding the use of 2 eye drops (1 anti-inflammatory and 1 antibiotic) which should be started 2 days before your surgery and used until gone. You will receive a cataract “kit” or bag which will contain a written prescription for the antibiotic drop and a sample bottle of the anti-inflammatory eye drop. An additional medicated eye drop will be provided by the doctor at your 1 day post-op visit, which you will use for several weeks. Your kit will also contain a sample bottle of lubricating drops to be used after the surgery, as needed, for foreign body sensation.

Although our office provides the surgery DATE, we are unable to give you a surgery TIME. Eyes of York Surgical Center will determine the time of your surgery and will contact you 1 to 2 days before your surgery with your instructions and arrival time. **Patients are advised not to eat or drink after midnight the night prior to their surgery.** If you normally take medications in the morning, Eyes of York Surgical Center will give you the final word on the use of your medications prior to surgery. If you have not received a call from them by 3 pm the day before your surgery, you should call the SURGICAL CENTER for the information at **717-767-2001**. (If your surgery is scheduled for a Monday, Eyes of York Surgical Center will call you the Thursday or Friday before.)

Generally, your post-op visits will be scheduled for a 1 day visit, a 2 week DILATED visit and a 4 week visit; however, there may be additional visits depending on your speed of recovery. Some of these visits may be coordinated with your referring eye doctor.

This information is provided to answer our most common questions. We hope it has been useful for you. We would be happy to answer any additional questions that you may have.

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