### Cataract Surgery at Eyes of York

More than 2 million people have cataract surgery each year, making it one of the most commonly performed surgeries in the United States. It is an outpatient procedure, normally taking only a few hours of your time with most procedures lasting less than 15 minutes.

#### Cataract Surgery/Advanced Lens Replacement: Step-by-Step



Step One: After making a small incision in your eye, our surgeons will insert a probe to break up and remove the cloudy, cataractaffected lens.

Step Two: A flexible Lifestyle Lens Implant is folded up and inserted into the lens capsule, at which point it opens and its haptics, or "arms", unfold to keep it in the proper position.



Step Three: With the cataract removed, and the Lifestyle Lens Implant in place, light can once again travel unimpeded to the back of your eye, for clearer, more youthful vision.

#### **Advanced Technology for Advanced Care**



### Laser Cataract Surgery

Laser Cataract Surgery is a revolutionary approach to cataract surgery. With this procedure, our surgeons use laser precision technology during the steps of cataract surgery traditionally performed by hand.

This ground breaking advancement provides a blade-free procedure presenting patients numerous benefits:

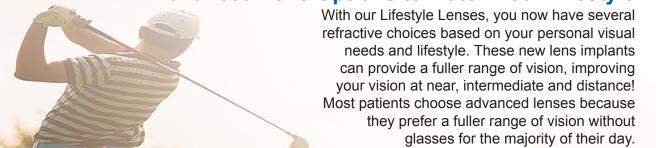


Eyes of York is proud to be the first practice in the area to provide such a wide range of refractive surgical choices and lifestyle lenses.

- √ Tailored treatment which can improve refractive visual outcomes
- ✓ Advanced technology, which may reduce the time it takes to remove cataracts
- ✓ Improved level of precision
- ✓ High definition



# **Advanced Lens Options to Match Your Lifestyle**



With a Lifestyle Lens Implant, you may be able to see clearly at all distances!

- ✓ Eliminate cataracts
- ✓ See near, far & everything in between
- √ You can reduce or eliminate dependence on your glasses
- ✓ Choose vision to match your lifestyle
- ✓ Restore your youthful vision

#### Option 1: High Definition

With our High Definition option, patients will have their cataracts removed with the assistance of the LENSAR laser to optimize distance vision without glasses. Patients may need small prescription glasses for best vision.

#### Option 2: Legal to Drive

Our Legal to Drive option allows you to regain quality distance vision while also correcting your astigmatism! Included in this option is our Laser Cataract surgery with a Customized Toric (Astigmatism) Lens. You should not need glasses for intermediate activities. Glasses will be necessary for near vision.

#### **Option 3: Forever Young**

For patients wanting to rid themselves of cataracts and reduce their dependence on glasses, reading glasses, bifocals or trifocals we are excited to offer our Forever Young option. With this option, you can enjoy our Laser Cataract Surgery with Astigmatism Correction and a Customized Multi-focal Lens. You should expect minimal to no need for glasses for distance, intermediate and near activities!

#### Introducing the ORA OptiPlus

The Optiwave Refractive Analysis (ORA) renders an on-demand laser analysis of your eye, not possible with today's conventional measurements and instruments. Whether you are receiving an advanced or standard Lens Implant your refraction after cataract surgery has a greater chance of being neutral when ORA OptiPlus is used by our surgeons.

- ✓ Optimize visual outcomes
- ✓ Real time laser measurements

\*Patients who choose to have cataract surgery without refractive surgery are expected to have their best vision with glasses or contact lenses full time - we call this the "Standard Contact lenses full time - we call this the "Standard Contact lenses full time - we call this the "Standard Contact lenses full time - we call this the "Standard Contact lenses full time - we call this the "Standard Contact lenses full time - we call this the "Standard Contact lenses full time - we call this the "Standard Contact lenses full time - we call this the "Standard Contact lenses full time - we call this the "Standard Contact lenses full time - we call this the "Standard Contact lenses full time - we call this the "Standard Contact lenses full time - we call this the "Standard Contact lenses full time - we call this the "Standard Contact lenses full this time - we call this the "Standard Contact lenses full this thin the "Standard Contact lenses full thin the "Standard Contact lenses fu

### **Understanding Changes** in Your Vision



#### What is a Cataract?

A cataract is a clouding of the normally clear lens of the eye. It can cause blurry vision, glare and

halos, or trouble reading fine print. When cataracts impair your vision significantly, cataract surgery is medically necessary. The procedure involves removing your cloudy lens and replacing it with a clear lens implant so good vision can be restored.



#### The Need for Glasses.

Many patients wear glasses to correct refractive errors such as nearsightedness

(myopia), farsightedness (hyperopia), difficulty focusing on close objects (presbyopia), or astigmatism. Some patients prefer to minimize their dependence on post-cataract glasses with refractive procedures that specifically target and reduce the refractive error. We offer a range of customized options to fit your lifestyle preferences and desires.



(717) 767-2000 www.eyesofyork.com

#### **Clearing Things Up**

If you are reading this, you or someone you love has likely been diagnosed with a cataract. This can be a scary time, but cataract surgery has undergone tremendous technological advances since the days of your parents and grandparents. Today it is safer and more precise. No longer does the procedure simply restore your distance vision. Today, the goal is to enhance your vision with an advanced technology Lifestyle Lens designed to provide you with a full range of vision while minimizing your dependence on glasses.

Once you understand what a cataract is, how it is removed and how your vision may be improved with the latest options Eyes of York offers, your concern could actually turn into excitement!



# Denise M. Visco, M.D.

Dr. Visco is an awardwinning ocular surgeon and the founder of Eyes of

York. In addition to being certified by the American Board of Ophthalmology, she is among the few elite providers certified by the American Board of Eye Surgery, performing over 15,000 cataract surgeries. Dr. Visco is a pioneer of surgical advancement being the first female surgeon in the world to perform cataract surgery with the LENSAR Advanced Laser Cataract System.



# Jerome V. Benz, M.D.

Dr. Benz is a distinguished member of the York ophthalmology community after serving our country and

being awarded the Bronze Star Medal as a member of the 82nd Airborne. He has performed thousands of cataract surgeries as a partner at Eyes of York. Dr. Benz is board certified by the American Board of Ophthalmology and the American Board of Eye Surgery for cataract surgery. He is one of the first ophthalmologists in the area to offer refractive cataract surgery using the LENSAR Advanced Laser system.

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## YOUR FUTURE





Cataract & Lens Replacement