

Frequently Asked Questions

? What if I recently had an exam?

Although routine eye exams are great for your regular eye health, your cataract evaluation requires specialized testing not performed during a routine eye exam. These tests help create the most up-to-date plan for your surgery, if indicated by our surgeons.

? Am I having surgery today?

No! This is an evaluation to meet the surgeon and get accurate measurements to prepare for surgery.

? How soon can I schedule surgery?

If surgery is recommended, you will meet with a surgery coordinator who will help you select a date for your surgery (typically scheduled 3-4 weeks from evaluation).

? Will I need to see my primary care doctor?

Yes. You are required to see your primary care provider within 30 days prior to your first surgery date. This ensures continuity of care and allows for proper management of any underlying or ongoing medical conditions.

? How much will surgery cost?

If you are a candidate for cataract surgery, our surgical coordinator will review the available pricing packages with you at your evaluation. In addition, a member of our pre-authorization team will also go over your insurance coverage options prior to surgery.

? Why Choose Eyes of York?

From our private, state-of-the-art surgical facility, we offer a full range of vision-restoring solutions, including premium intraocular lenses such as multifocal and Light Adjustable Lenses (LAL). These advanced options are designed to reduce dependence on glasses and deliver clearer, sharper vision tailored to your lifestyle. At Eyes of York, you will experience personalized cataract care with outstanding outcomes.

Our Cataract Surgeons



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Hours:

- M, W: 7:30am-4:30pm
- T, TH: 7:00am-4:30pm
- F: 7:30am-12:30pm

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Cataract Evaluation Information

Cataract Signs & Symptoms

What is a cataract?

A cataract is the natural clouding that develops in the eye's crystalline lens. As the leading cause of vision loss among adults age 60 or older, cataracts impair vision, making everyday activities increasingly difficult.

What causes a cataract?

The most common factor for developing a cataract is age. Other contributing factors may include increased exposure to sunlight, diabetes, ocular inflammation, ocular trauma and family history. Certain medications can also promote cataract formation.

What are the symptoms?

Cataracts cause a variety of symptoms and each patient's symptoms can be unique. The most common are a decrease in vision, glare or poor night vision. Some people experience double vision or muted colors. Patients may not notice a cataract has formed, as it is usually a slow process and we visually compensate. It can take anywhere from a few months to several years for a cataract to fully develop.

Is cataract surgery effective?

Yes! Many patients report vision that is even better than before they developed cataracts. Modern cataract surgery is considered one of the most effective medical procedures used today.

Can a cataract come back?

Over time, the lens implant can develop a "film" behind it, which can again cause symptoms of blurred vision. A simple laser capsulotomy procedure can be performed to create an opening in the film in order to restore normal vision.



Steps To Take Prior to Your Cataract Evaluation

- Start using artificial tears 2 weeks prior to your appointment. You should apply them twice daily to both eyes.
- If you wear contacts, you may be asked not wear them for 2-4 weeks ahead of your appointment.
- Request records from your prior optometrist or ophthalmologist (this is especially important if you have had a previous refractive surgery).

What To Expect During Your Cataract Evaluation

The exam duration is 3 hours and it consists of 4 parts:

- **Part 1:** Specialized testing and pre-exam workup with technician
- **Part 2:** Cataract videos with dilation
- **Part 3:** Examination and discussion with surgeon
- **Part 4:** Meeting with our surgical coordinator to review information and discuss cost and schedule surgical dates

