



INSTRUCTIONS FOR LIPIFLOW TREATMENT

- With the LipiFlow Treatment, there is no need to alter your current medication regimen.
- During your exam visit, you will receive instructions regarding the use of an eye drop to be used after your treatment, if required by the doctor. You will also be instructed on eye lid exercises.
- Our office provides the treatment date. There are no restrictions for food or drink prior to your treatment other than alcohol use. You will be given a local anesthetic in the eye(s). You will be able to drive after the treatment. There is no downtime necessary after the treatment. However, it is ok if you are more comfortable having a driver.
- A post-treatment visit will be scheduled for three (3) months; however, there may be additional visits depending on your symptomatic improvement. Some of these visits may be coordinated with your referring eye doctor.
- This information is provided to answer our most common questions. We hope it has been useful for you. We would be happy to answer any additional questions that you may have. Just call our office at (717) 767-2000

What to Expect During a Lipiflow Treatment

- You will be asked to either sit comfortably on a reclined chair or lie down.
- Several drops of LipiFlow ptmild anesthetic are put into the affected eye(s). Both eyes are usually treated simultaneously.
- LipiFlow disposable eyepieces with lid warmers are placed under your eyelids. There is a built-in eye shield to protect you from injury during treatment.
- You will be asked to close your eyes around the eyelid device.
- The device will then be activated; you will feel minor eyelid pressure and a comfortable warming temperature on the eyelids.
- The eyelid pressure will have varied modes which may include a slow increase in pressure and pulsations for several stages for the full 12 minute treatment.