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INSTRUCTIONS FOR CATARACT SURGERY

The pre-operative visit will involve a review of paperwork, scheduling of appointments. We will perform this on the same date that you schedule your testing and lens measurements procedures for cataract surgery as a courtesy and convenience for you.

A medical history form will be faxed by our office to your family doctor. This will need to be completed and returned to our office for review prior to your surgery.

With modern cataract surgery techniques, altering medications prior to your surgery is usually not necessary. (Example: patients who use blood thinners, anti-inflammatories, etc should not need to discontinue these unless directed to do so by Dr. Visco or Dr. Benz.)

At your scheduling/measurements appointment you will be given a "cataract kit" and dilating eye drops.. This kit consists of a pair of sunglasses, lubricating eye drops, a color coded instruction sheet with eye drop check list and a carrying case.. **There will be a \$14.00 charge for this kit, which is nonrefundable.** Your operative eye will be dilated and light-sensitive the day of your surgery. The sunglasses are there for your comfort. You will also have three prescription eye drops for surgery and these will be sent through to the pharmacy of your choice. For best results following cataract surgery, these drops *must* be used as directed and your instruction sheet and checklist will help you.

Although our office provides the surgery DATE, we are unable to give you a surgery TIME. Eyes of York Surgical Center will determine the time of your surgery and will contact you 1 to 2 days before your surgery with your instructions and arrival time. **Patients are advised absolutely no food after midnight the night prior to their surgery and clear liquids until 4 hrs prior to their arrival at the surgical center. We require that ALL patients have someone with them for the first 24 hours following surgery. Under no circumstances would we like you to operate a vehicle for those first 24 hours.** If you normally take medications in the morning, Eyes of York Surgical Center will instruct you as to which medications you should take prior to surgery. If you have not received your pre-op call by 3 pm the day before your surgery, you should call the SURGICAL CENTER for the information at **717-767-2001**. (If your surgery is scheduled for a Monday, Eyes of York Surgical Center will call you the previous Thursday or Friday).

Typically, your eyes will remain dilated the day of your surgery and even part of the day after. Therefore, blurred vision is to be expected. You may also experience a foreign body sensation and mild redness in the operative eye on the day of surgery as well. Post-operative visits will be scheduled for a 1 day visit, a 2 week DILATED visit and a 4 week visit; however, there may be additional visits depending on your speed of recovery. Some of these visits may be coordinated with your referring eye doctor.

This information is provided to answer the most common questions patients have. We hope it has been useful for you. We would be happy to answer any additional questions that you may have.

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