



Denise M. Visco, M.D.  
Jerome V. Benz, Jr., D.O.  
Laura E. Lehn, O.D.  
Prajay Patel, O.D.

### INSTRUCTIONS FOR LASER SURGERY

The pre-operative visit will involve a review of paperwork, scheduling of appointments, and surgery-related instructions.

With modern laser surgery techniques, altering medications prior to your surgery is usually not necessary. (Example: patients who use blood thinners, anti-inflammatories, etc should not need to discontinue these unless directed to do so by Dr. Visco or Dr. Benz.)

During your exam visit, you will receive instructions regarding the use of an eye drop. You will receive a separate sheet of paper with instructions on the usage of this eye drop **for after surgery. Please bring your eye drops to the Surgery Center the day of your laser.**

Our office provides the surgery DATE and the Surgical Center will call a few days before to notify you of the surgery TIME. **Patients are advised they are allowed food and drink prior to laser surgery.** Continue taking your own medications as prescribed. You may be at the surgical center a total of one to one and a half hours. You will be given a local anesthetic in the surgery eye. If you have a Peripheral Iridotomy or a Trabeculoplasty (SLT), you will also go to the clinic side after your laser treatment to have your intraocular pressure checked. This will take an additional 30 minutes. You will be able to drive after the procedure. However, it is ok if you are more comfortable having a driver. In the event your surgery would require hospitalization, you will be transported by ambulance.

**If your procedure requires dilation your eye may remain dilated the day of your surgery and even part of the day after. Therefore, blurred vision is to be expected.** A post-operative visit will be scheduled for either a 2 week DILATED visit or for a SLT a 4 week IOP check; however, there may be additional visits depending on your speed of recovery. Some of these visits may be coordinated with your referring eye doctor.

If you are anticipating a laser procedure in your other eye, please **do not** throw away your eye drops.

This information is provided to answer our most common questions. We hope it has been useful for you. We would be happy to answer any additional questions that you may have.

Denise M. Visco, M.D. and Jerome V. Benz, Jr., D.O.