# EOY_NewBlueLogo_faded

# Come to Suite #1 the day of surgery

# PRK/LASEK DAY OF PROCEDURE INSTRUCTIONS

 With MMC No MMC

* Start immediately upon scheduling your surgery: \*\*\*Vitamin C 500mg twice a day
* **Begin Medrol Dose Pack/Methylprednisolone morning of surgery** (2 tablets with breakfast.)
* Shower or bathe the evening prior to surgery or the morning of your surgery.
* Wear loose, casual clothing. The laser room is chilly so you may want to wear something warm or bring a sweater, sweatshirt or jacket that **does not go over your head.**
* No food restrictions. Discontinue consumption of alcoholic beverages evening prior to surgery continuing until one week post-operatively.
* **Put one drop of Pred-Gati-Brom in operative eye(s) at home prior to departure for surgery. *DO NOT TAKE PRED-ACETATE.***

\*\*\*\* All medicated drops are to be taken **5 minutes apart**. \*\*\*\*

Bring Valium and all medications to the office – **do not take Valium prior to arrival.**

* Arrange for a driver to bring you to and from the laser appointment. *You will be here for approximately an hour and a half to two hours.* **NO CELL PHONES!**

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* \*\*\****The lasers are extremely sensitive to odors of all kinds.*** The following guidelines ***must be******followed* *by all*** ***occupants of the laser suit*:**

***NO*** hairspray, including scented mousse or gel, perfumes, cologne, scented body lotions and **deodorants,** pre-shave or after shave products

***NO*** scent of smoke/food odors

* **In addition, laser vision correction patients must abide by the following guidelines:**

 ***NO*** eye make-up on either eye (due to the high microbial content of mascara, etc.,

It is important that the eye area be completelyfree of all cosmetics)

***NO*** facial make-up including blush, scented facial creams, andmoisturizers

***NO*** earrings, facial jewelry, or necklaces