



PATIENT CHECKLIST FOR CATARACT SURGERY

PRE-OPERATIVE

- Schedule your pre-operative physical appointment with your primary care physician, follow the guidelines provided in your surgical packets for dates.
- The Surgery Center will text you to give you your arrival time and pre-op instructions. Please do *NOT* use the time in the patient portal, as it is inaccurate.
- You will receive a call if you are unable to receive text messages.

SURGERY DAY MORNING (Report to Suite 2 at 1880 Kenneth Rd. York, PA) (Estimated time 1-2 hours)

- You must have a driver on the day of surgery. Your driver is welcome to stay in the waiting room unless CDC social distancing policies are in effect. Driver is also welcome to stay in the parking lot or stay within 5-10 minutes of the surgical center *with their cellphone on*.
- Someone will need to stay with you for the first 24 hours after surgery.
- Follow directions as listed on the Drop Schedule
- Do not eat or drink anything from midnight.
- Take morning medications with a sip of water.
- Do not take any oral diabetes medication. Check with your primary care doctor for Insulin. Please check your blood sugar the morning of surgery.
- Wash your face thoroughly, including brows and lashes with soap and water.
- Do not use any lotions, creams or makeup.
- You may brush your teeth but do not swallow water.
- Bring you photo ID and Insurance card(s), Black bag with UV sunglasses and drops.

You can reach the Surgery Center at 717-767-2001 Monday – Thursday 7:00AM through 4:30PM and Friday from 8:30AM-12:30PM, if you have any questions or concerns about your surgery.

POST-OPERATIVE

ONE DAY AFTER SURGERY

- You will have a post op appointment (Suite 1)
- You must have a driver for 24 hours after your surgery.
- You may experience a foreign body sensation, blurred vision, halos, redness, mild discharge and/or a reddish hue to your vision – these are all normal after eye surgery.

ONE WEEK AFTER SURGERY

- For one week following surgery, avoid the following: gardening or lawn work, continual bending at the waist, eye makeup, false eyelashes, swimming, hot tubs, flying, dusty or dirty environments, lifting over 20 pounds, nasal spray or Neti pots.

2-WEEKS AFTER SURGERY

- You will be scheduled for a dilated eye exam at our office. If you have trouble driving after a dilated exam, arrange for transportation.

**If you were referred to our office by your primary eye care doctor, you will need an appointment 4-5 weeks after your final cataract surgery.*