# EOY_NewBlueLogo_faded

# Come to Suite #1 the day of surgery

# SMILE DAY OF PROCEDURE INSTRUCTIONS

* **Begin Medrol Dose Pack/Methylprednisolone morning of surgery** (2 tablets with breakfast.)
* Shower or bathe prior to your appointment.
* Wear loose, casual clothing. The laser room is chilly so you may want to wear something warm or bring a sweater, sweatshirt or jacket that **does not go over your head.**
* No food restrictions. Discontinue consumption of alcoholic beverages evening prior to surgery continuing until one week post-operatively.
* Bring all medications and eye drops to surgery. **DO NOT USE EYE DROPS day of surgery and do not take the Valium until you are instructed to do so in the office**.
* Arrange for a driver to bring you to and from the laser appointment. *You will be here for approximately an hour and 30 minutes to two hours.* **- NO CELL PHONES!**
* \*\*\****The lasers are extremely sensitive to odors of all kinds.*** The following guidelines ***must be******followed* *by all*** ***occupants of the laser suite***:

***NO*** hair products, including scented mousse, gel, or hairspray

***NO*** perfumes, cologne, scented body lotions and **deodorant.**

***NO*** scent of smoke or heavy food odors

* **In addition, laser vision correction patients must abide by the following guidelines:**

***NO*** eye make-up on either eye (due to the high microbial content of mascara, etc.

It is important that the eye area be completelyfree of all cosmetics)

***NO*** face make-up including blush, scented facial creams, andmoisturizers

***NO*** pre-shave or after shave products

***NO*** earrings, facial jewelry, or necklaces